



# LAUREN PROCKTER

SUNDOWN SUPERVISOR,  
THE GROVE, CROMER



While at school Lauren had a part-time job with a hotel in Cromer. She passed 3 A-levels with good grades then decided to look for a job rather than go to university. Recently, Lauren moved to The Grove, Cromer to become a supervisor.

Lauren is responsible for a separate restaurant at The Grove called Sundown (open April to October), serving cocktails, pizza and tapas. Lauren has responsibility for stock control, staff schedules and coming up with new ideas to keep the restaurant fresh.

When asked about her favourite aspect of the role, Lauren said that working with people, customers and colleagues is the most enjoyable part. She also finds it rewarding being a part of the different special family celebrations and occasions that are held at the hotel, including weddings and funerals.

The role was not always easy, as being customer facing can be a challenge. Lauren said, "I learned customer skills while on the job and as I lacked self-confidence it was difficult. However, I recommend sticking with it because there is so much to gain, including the satisfaction of overcoming a challenge".



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